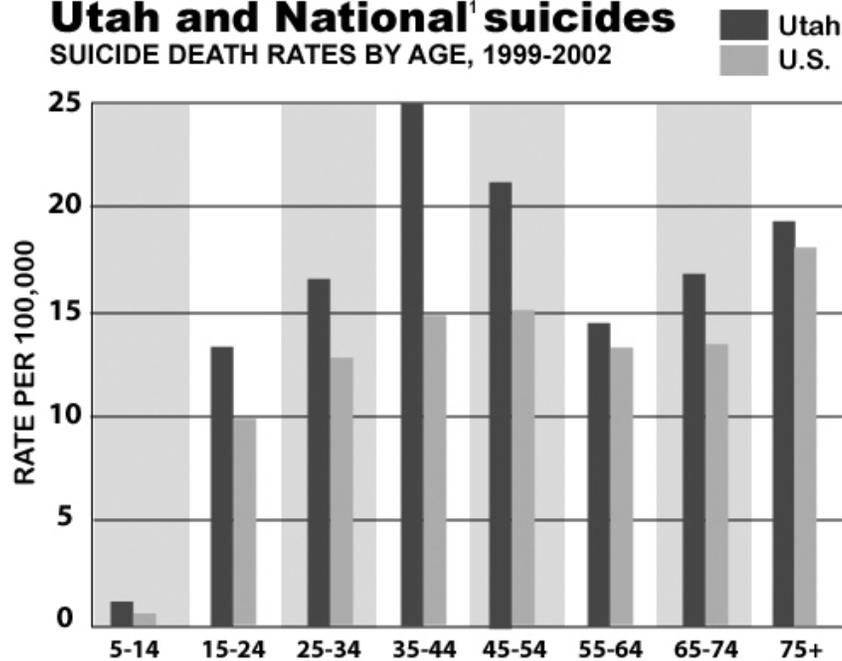


## Utah and National suicides

SUICIDE DEATH RATES BY AGE, 1999-2002



SOURCE: 'National Center for Injury Prevention and Control  
Deseret Morning News Graphic, Apr. 24, 2006

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### Deadly taboo: Youth suicide an epidemic that many in Utah prefer to ignore

Deseret Morning News, published: Monday, April 24, 2006 12:37 p.m. MDT  
By Lucinda Dillon Kinkead and Dennis Romboy

See: <http://deseretnews.com/dn/view/0,1249,635201873,00.html>

### 5 suicides jolt southern Utah -- 'Contagion' spread through communities during 2004-05

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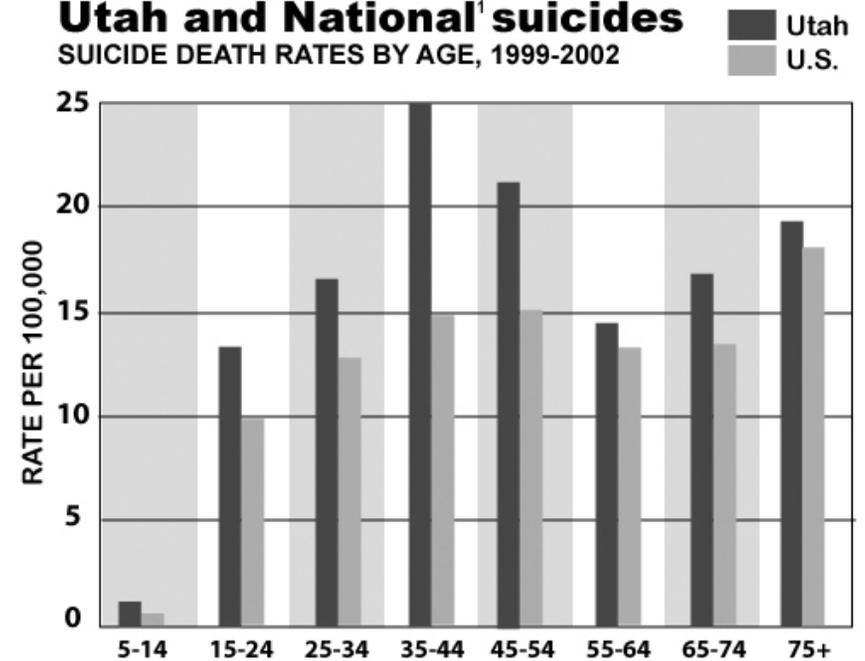
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# Unhappy In Utah

LOGAN, Utah, June 3, 2002

## Study: 'Beehive State' Leads Nation in Anti-Depressant Prescriptions

By David Hancock

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"Utah leads the nation in prescriptions for anti-depressants, according to a recent study. 'The fact that we're twice the national average with something like anti-depressants begs some explanation,' said Dr. Curt Canning, head of the Psychiatric Association of Utah."

"The survey, by a large prescription benefits provider, stunned Canning. He thinks one possible explanation is the state's dominant Mormon culture, which demands much of its people, especially women."

"Some here fear the pressure to achieve may be pushing people too far."

"The U.S. Surgeon General's special assistant is tracking the problem – made even more urgent by the latest youth suicide statistics, that found in 2000, 66 young people between the ages of 5 and 24 killed themselves in the sparsely populated state."

"A few of our friends take anti-depressants... like we don't think we're good enough..." said high-schooler Lyndsay Anderson.

"If they don't think they're quite living up to the standards that everybody has set for them, then I could see how that could lead to some problems,' says high school student McCord Larson."

"Utah's leading psychiatrists say there needs to be additional studies to solve this growing mental health mystery."

[http://www.cbsnews.com/2100-18563\\_162-510918.html](http://www.cbsnews.com/2100-18563_162-510918.html)

see also:

<http://abcnews.go.com/Health/MindMoodNews/story?id=4403731&page=2#.UFH767JIRuQ>

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